

MARIN AA

NEWS & EVENTS



June 2019



VOL. 2 ISSUE 6

Sunday June 9th 12:00-4:00
Gerstle Park Redwood Grove
(San Rafael Ave Between Lodge Lane & Clark Street)
Marin Intergroup 2020 Presents



2:00 Speaker Meeting with Philly John

- ~ Live Music ~ Face-Painting ~ Children's Activities ~
- ~ BBQ Meat & Fixin's Provided ~ Soft Drinks & Water For Sale ~
- Bring Lawn Chairs & Blankets ~ Street Parking ~ Please Carpool ~ \$10 Suggested Donation ~
- ~ Please Bring a Dish to Share ~

Contact Anita (415)532-5363 to Get Involved

ESH (Experience Strength & Hope)

When I moved to the Central Valley of California, I was 8 years sober. I was living in Modesto and the Intergroup/Central Office was in Stockton, about 45 minutes north of us. I went to Stockton's Delta Intergroup and volunteered to work in the office answering phones, folding meeting schedules and doing whatever needed to be done a few times a week.

When a few members in Modesto decided to create a Central Valley Intergroup in Modesto to provide service for Stanislaus County and Merced County, I was all in! Not because Delta Intergroup was not doing a great job, but because it had become too big an area for the Intergroup to service the groups effectively. Yes, Delta had a birthday meeting as well as yearly events, a bookstore, and a Teleservice, but with the growth of AA in the Central Valley, people wanted to create group unity within a smaller radius than 150 miles away.

Delta Intergroup was approached at their monthly meeting, in order that everyone knew what was being proposed, and the idea did not meet with much favor from Delta and the groups who were old and established.

Members expressed concern that the loyalties would be split and that groups wouldn't donate to support either of the Intergroups because they didn't know which to support. Most everyone comes to the idea of change with some fear - fear that we won't get what we want, or lose something we already have. It's safer to say "If it ain't broke, don't fix it".

Today both Delta Intergroup and Central Valley Intergroup co-exist and even overlap in some areas. If having an Intergroup in your county or area is needed, it will gather attendance and support from the surrounding AA groups, and provide a main hub for groups to gain experience, strength, and hope through unifying events. In our changing world an Intergroup does not need a bookstore or a storefront or office, but it does need to provide a service for groups through committed volunteer AA service workers who will reach out to the still suffering alcoholic, whether that is through a Teleservice, meetings and/or events.

Good service given begets good service received.

In Service, Chau-Marie G., San Rafael, CA

See the guidelines from GSO (A.A.'s General Service Office for Central or Intergroup Offices) to discover what an Intergroup is or does at aamarin.org/AA Literature/AA Guide

WE WANT YOU!



THURSDAY 4th of July

For the Novato Fellowship

Independence Day Alcathon & Potluck

12 Noon to 6pm (last meeting at 5pm)

Continuous 45 minute meetings on the hour.

BBQ will be open from 1:30pm to 4pm

All Saints Lutheran Church

2 San Marin Drive, Novato

across the street from San Marin High School

Alcathons are open meeting events.

All are welcome and encouraged to attend.

JOIN OUR ARMY OF VOLUNTEERS

- For set-up, serve food, greet newcomers, and have fun!
- If you are able, please bring a picnic style side dish. (Beverages will be available for a small donation).
- We accept donations of any size with heartfelt gratitude as they offset the cost & provide for future events.
- We appreciate all who stay to help clean up.

Happy Independence (from Alcohol) Day

For more information, call or text Tommas Pizzo 415-505-6469

The Group Conscience

The group conscience is the collective decision of a group's membership and thus represents substantial unanimity on an issue before definitive action is taken. It is done through group members sharing information, individual points of view, and the practice of AA principles.

To be fully informed requires a willingness to listen with an open mind, especially if a minority opinion is expressed. I may change my opinion thru the process and I do not vote until I have heard all available information. I have learned patience in Alcoholics Anonymous.

My intention is not to influence others but to provide as much relevant information as possible. With our Yes or No vote, we can invite our decision to reflect a Power greater than ourselves.

In my opinion, in order to get a true Group Conscience, every member should participate. I also believe that if I don't participate, I am not helping the still suffering alcoholic.

I have had some of the best possible examples in my early years of sobriety thru regular and service sponsorship. This has been invaluable in my life every single day.

"Principles before Personalities"

Scott M, San Rafael, CA

Meet the Meeting

Belly of the Whale...a meditation meeting. It began on May 13th at the Lutheran Church of the Resurrection, 1100 Las Galinas, San Rafael. It begins and ends with meditation; Big book and then discussion. If attendance is good it will be expanded to other days.

Meeting Changes and upcoming events send to events@amarin.org

Tradition Six: An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

GENERAL SERVICE 9 Ross Valley Dr. S.R. - Next Meeting: Mon 6/17 7:30; New GSR Orientation 6:45

BTG - Bridging the Gap

Takes people to their first meeting when they get out of a treatment program or jail. Does meetings in facilities to invite requests for help. Currently, women needed to do presentations at The Vine Treatment Center.

Whether you want to get involved on the volunteer list, or as a presenter, come to the orientation Wednesday 6/10 at 6:00 at the Alano Club, or call 415 206-5006.

H&I - Hospitals and Institutions

Still accepting applications for the San Quentin inmate sponsorship program; 5 years sobriety and sponsorship experience required; Meeting 7:15 June 11th at Alano club; Orientation 6:15. sign up at nocalhandi.org

GGYPAA: Young People in AA

Golden Gate Young People of Alcoholics Anonymous is made up of members working with each other, for each other, for the common purpose of staying sober and carrying the message www.ggypaa.com

TELESERVICE

Check out marintelesevice.com

Next meeting: Tuesday 6/25 7:30, orientation at 7pm

PI/CPC - Get involved! Four current objectives:

1. Broadening outreach to professional community - Kaiser, psychological and psychiatric conferences
2. Supporting San Francisco getting their PI/CPC committee reactivated.
3. Increasing presentations to rehab centers
4. Considering closer ties with AI Anon without violating



Do you have a Joke to tell? Send it on in...

A couple were driving down the road and he's not wearing his seatbelt. His wife says, "Honey you should put on your seatbelt. You might get a ticket." He says, "Oh don't worry about it!" Then he sees lights in the rearview. Sure enough he gets pulled over, as he sneakily puts on his seatbelt. The officer comes to his window and the man says, "Why did you pull me over officer? I was obeying all the traffic laws." The officer says, "You know why I pulled you over. You weren't wearing your seatbelt." His wife says to the officer, "Oh you can't tell him anything when he's been drinking!"